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# What Is Ptsd?



## Synopsis

What is PTSD? was written from a child's point of view. The book was designed to educate children about PTSD, how it effects their loved ones and to ensure them that it is not their fault.

## Book Information

Paperback: 54 pages

Publisher: Deejak's Publishing Company (August 24, 2014)

Language: English

ISBN-10: 0985790369

ISBN-13: 978-0985790363

Product Dimensions: 6 x 0.1 x 9 inches

Shipping Weight: 3 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #1,844,278 in Books (See Top 100 in Books) #189 in [Books > Parenting & Relationships > Family Relationships > Military Families](#) #1294 in [Books > Health, Fitness & Dieting > Mental Health > Post-traumatic Stress Disorder](#) #2027 in [Books > Health, Fitness & Dieting > Mental Health > Depression](#)

## Customer Reviews

Good book for any family with parents overseas in combat or have returned from combat. It helps try to explain on a child's level what their parent is going through if they have PTSD.

Excellent read with aa great message.

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PTSD and Dissociative Disorders Complex PTSD: From Surviving to Thriving: A GUIDE AND MAP FOR RECOVERING FROM CHILDHOOD TRAUMA Prolonged Exposure Therapy for PTSD: Emotional Processing of Traumatic Experiences (Treatments That Work) Complex PTSD and Developmental Trauma Disorder: How Childhood and Relationship Trauma Can Cause Anxiety and Depression in Adults (Transcend Mediocrity, Book 126) Treat Concussion, TBI, and PTSD with Vitamins and Antioxidants Seeking Safety: A Treatment Manual for PTSD and Substance Abuse (Guilford Substance Abuse) How To Cure Your Anxiety: Top Tricks, Tips, Natural Ways And Long Term Cure For Anxiety, Panic Attacks, OCD and PTSD Anxiety Disorders: The REAL Truth, Causes and Cures. Panic Disorder, Obsessive Compulsive Disorder (OCD), Generalized Anxiety Disorder (GAD), Post-Traumatic Stress Disorder (PTSD), Social Anxiety American Sniper: The Incredible Biography of an American Hero, Chris Kyle (Chris Kyle, Iraq War, Navy Seal, American Icons, History, Biography, PTSD) What Is Ptsd? My Shipwrecked Life: My struggle with alcohol, PTSD and depression PTSD : Post Traumatic Stress Disorder: Overcome The Pain, Start Living Again Warrior SOS: Military Veterans' Stories of Faith, Emotional Survival and Living with PTSD The Wounds Within: A Veteran, a PTSD Therapist, and a Nation Unprepared

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